Policy 4: Activities and Safety Disclaimer

A Cuerpo | Version 1 | Effective from 17-11-2026

Please read this before using any activity with children. The activities in this course are ideas and guidance. They are not instructions that suit every child, every setting or every home. The adult in charge is responsible for deciding what is safe.

1. What this covers

This disclaimer applies to every practical activity, video, recipe and resource in the course, including:

- **Cooking and food:** recipes, preparing food and tasting activities;
- **Crafts:** cutting, gluing, painting and making;
- **Games:** table-top, card and group games;
- **Physical activities:** active games, movement and dance.

2. Your responsibility

Before you use any activity with children, you are responsible for:

- carrying out a risk assessment suited to your setting and your group;
- checking for allergies, intolerances and dietary needs before any food activity, and checking ingredient labels every time;
- deciding whether the tools, materials and ingredients suit the age, ability and needs of each child;
- supervising closely at all times, especially with heat, sharp tools, scissors, adhesives, small objects and physical movement;
- following your own health and safety, safeguarding and food hygiene policies, and any other rules that apply to your setting, including the Early Years Foundation Stage framework where it applies;
- adapting every activity to the children in front of you, including children with additional needs.

Children aged about 3 to 9 differ a great deal in what they can do and what they understand about danger. An activity that is safe for one child may not be safe for another. Assess each activity every time you use it.

3. Examples of risks

The risks include, but are not limited to:

- cuts and grazes from scissors, craft tools or kitchen equipment;
- burns and scalds from hot water, hobs, ovens or hot glue;
- allergic reactions to food, paints, glues or craft materials;
- choking on small objects, small parts or certain foods, especially for younger children;
- trips, falls and collisions during physical games;
- skin irritation from craft materials or food.

Heat sources and sharp tools should be handled by an adult. Our videos show an adult demonstrating an activity. They do not replace your own risk assessment, and children should never copy an activity without supervision.

Recipes and ingredient suggestions may not list every allergen, and products can change. Always check labels and each child's needs.

4. Limits of our responsibility

We provide this material in good faith as educational guidance. We are not present when any activity takes place, and we do not know the needs, abilities or health of the children you care for. This course does not replace professional advice, training or your own judgement.

As far as the law allows, we are not responsible for any injury, illness, allergic reaction, accident or other harm that results from using or adapting an activity from this course.

Nothing in this disclaimer limits or excludes our liability for death or personal injury caused by our negligence, for fraud, or for anything else that cannot be limited or excluded by law. It does not affect your legal rights as a consumer.

5. Your confirmation

By signing up, including for the free taster, you confirm that you have read and understood this disclaimer and that you will carry out your own risk assessment before using any activity. You confirm this by ticking a box when you sign up.

6. Changes to this disclaimer

We may update this disclaimer from time to time. The latest version is always on our website.